

COACHING (NON-TEACHING), MINOR

Program Requirements

Code	Title	Hours
Required Courses		
ESS 212	Care and Prevention of Athletic and Exercise Injuries	3
ESS 301	Foundations of Coaching	3
ESS 322	Legal Issues in Sport	3
ESS 383	Sports Officiating	1
ESS 423	Psychology of Coaching	3
ESS 224	Team Sports II	3
or ESS 305	Individual and Dual Sports I	
ESS 407	Strength and Conditioning Programming	3
or ESS 590	Special Topics in Exercise and Sport Science	
Total Hours		19

Current CPR and First Aid certification required at the time of graduation.