

CHILD AND FAMILY STUDIES, BACHELOR OF SCIENCE (B.S.)

The Child & Family Studies major offers two concentrations: Child Development and Family Studies.

The Child Development concentration prepares graduates to teach or direct early childhood programs (birth through age 8). Career opportunities include Head Start, for-profit or non-profit childcare agencies, and family resource centers.

The Family Studies concentration emphasizes the dynamics of families and relationships across the lifespan. Students explore topics such as parenting, family dynamics, and the family's interaction with society. Graduates are prepared for careers in community agencies, nonprofits, healthcare, and government programs that serve families, as well as for graduate study in family science, counseling, or related areas. The Family Studies concentration is approved by the National Council on Family Relations.

Child & Family Studies Requirements

Students are required to observe and/or interact with young children or school-age children in a number of courses offered by the department. Therefore, students enrolled in these courses — must have a negative TB skin test, a Verified Credentials (VC) criminal record check, a Youth Leader (YLR) background check, and a Child Abuse & Neglect (CAN) check completed. Students with a criminal or CAN record may be required to drop the course and select another major.

Code	Title	Hours
CDF 235	Child Development: Conception-Eight Years	3
CDF 246	Creative Activities and Materials for Young Children	3
CDF 310	Observation and Assessment in ECE	3
CDF 349	Co-op or Applied Learning: Child Development	0.5-8
CDF 351	Practicum for Early Childhood Practitioners	3
CDF 399	Child and Family Studies Practicum	3-6
CDF 405	Program Planning for Infants and Toddlers	3
CDF 406	Progress Planning for Preschool Children	3
CDF 443	Family Studies Practicum	9
CDF 450	Early Childhood Practicum	9
CDF 544	Early Childhood Development and Program Planning	3
CDF 744	Early Childhood Development and Program Planning	3
CDF 849	Special Problems in Child Development	1-3

To be granted a degree in Child and Family Studies students must have a "C" or better in all CDF and supporting courses.

Program Objectives

Upon completion of a degree in Child and Family Studies graduates will be able to:

1. Assess developmental, political, social, cultural, economic and technological influences on the well-being and diversity of individuals, families and communities

2. Design and implement a range of services for individuals, children and families
3. Utilize and interpret appropriate individual, family and program evaluation measures
4. Access community resources and collaborate with community agencies/services
5. Evaluate and monitor professional development

Program Requirements

CIP Code: 19.0701

Major

Code	Title	Hours
University Graduation Requirements		
Essential Education (https://catalogs.eku.edu/undergraduate/general-academic-information/general-education-requirements/)		30
<i>Foundations of Learning</i>		
GSD 101	Foundations of Learning	3
Upper division courses (hours are distributed throughout Major/Supporting/Essential Ed/Free Electives categories)		39
Major Requirements		
<i>Core Courses</i>		
CDF 132	Introduction to the Family	3
CDF 235	Child Development: Conception-Eight Years	3
CDF 236	Interaction and Guidance	3
CDF 246	Creative Activities and Materials for Young Children	3
CDF 327	Family Involvement with Young Children	3
CDF 360	Consumer and Career Finance	3
CDF 399	Child and Family Studies Practicum	6
CDF 424	Diversity Awareness in Professional Practice	3
CDF 437	Family Stress and Resilience	3
CDF 538	Research Analysis in Child and Family Studies	3
FCS 400	Ethics and Advocacy in Family and Consumer Sciences	3
NFA 317	Nutrition in the Life Cycle	3
SWK 440	Addictions	3
SWK 456	Children's Services	3
Concentrations		
Students must select one of the following Concentrations:		
Child Development		35
Family Studies		21
Free Electives		
Child Development		7
Family Studies		21
Total Hours		120

Child Development Concentration

Code	Title	Hours
Concentration Courses		
CDF 203	Philosophical and Historical Foundations of the EC Profession	3
CDF 310	Observation and Assessment in ECE	3
CDF 363	Early Childhood Literacy	3

CDF 405	Program Planning for Infants and Toddlers	3
CDF 450	Early Childhood Practicum ¹	9
CDF 512	Childhood and Nature	3
CDF 544	Early Childhood Development and Program Planning	3
CDF 547	Organization and Administration of Early Childhood Programs	3
LIB 301	Children's Literature and Related Materials	2
SED 318	Special Education in Early Childhood	3
Total Hours		35

¹ CDF 450 Early Childhood Practicum is a 9 credit hour course and requires a 3.0 GPA in major requirements prior to enrolling.

Family Studies Concentration

Code	Title	Hours
Concentration Courses		
CDF 232	Human Sexuality, Behavior, and Attitudes (Element 4B) ^E	
CDF 243	Introduction to Family Life Programs	3
CDF 331	Marriage and Intimate Relationships	3
CDF 342	Child and Adolescent Development	3
CDF 441	Family Dynamics in Adulthood and Aging	3
FRM 352	Family as Consumers	3
HEA 345	Drugs, the Individual, and Society	3
or SWK 310	Social Welfare Policy History	
HEA 380	Mental Health Promotion	3
or SWK 420	Mental Health in Social Work	
Total Hours		21

E Course also satisfies an Essential Education element. Hours are included within the 30 hours in Essential Education.

Key:

E Course satisfies an Essential Education (<https://catalogs.eku.edu/undergraduate/general-academic-information/general-education-requirements/>) element.

* Course must be taken in semester indicated.

Upper division courses: All students are required to have a minimum of 39 hrs. upper division (300-level or above) courses distributed throughout Major/Supporting/Essential Ed/Free Electives categories.

Child and Family Studies B.S. - Child Development Concentration

Course	Title	Hours
First Year		
First Semester		
GSD 101E	Foundations of Learning	3
CDF 132	Introduction to the Family	3
CDF 203	Philosophical and Historical Foundations of the EC Profession	3
ENG 101	Reading, Writing, and Rhetoric (E-1A) ^E	3
Free Electives		3
Hours		15

Second Semester		
CDF 235	Child Development: Conception-Eight Years	3
CDF 236	Interaction and Guidance	3
ENG 102	Research, Writing, and Rhetoric (E-1B) ^E	3
ELEMENT 1C ^E		3
ELEMENT 3A ^E		3
Hours		15

Second Year		
First Semester		
CDF 246	Creative Activities and Materials for Young Children	3
NFA 317	Nutrition in the Life Cycle	3
ELEMENT 2A ^E		3
ELEMENT 3B ^E		3
ELEMENT 4A ^E		3
Hours		15

Second Semester		
CDF 310	Observation and Assessment in ECE	3
CDF 327	Family Involvement with Young Children	3
ELEMENT 2B ^E		3
ELEMENT 4B ^E		3
ELEMENT FLEX ^E		3
Hours		15

Third Year		
First Semester		
CDF 363	Early Childhood Literacy	3
CDF 424	Diversity Awareness in Professional Practice	3
CDF 437	Family Stress and Resilience	3
SWK 440	Addictions	3
SWK 456	Children's Services	3
Hours		15

Second Semester		
CDF 405	Program Planning for Infants and Toddlers	3
CDF 512	Childhood and Nature	3
FCS 400	Ethics and Advocacy in Family and Consumer Sciences	3
SED 318	Special Education in Early Childhood	3
Free Electives		3
Hours		15

Fourth Year		
First Semester		
CDF 360	Consumer and Career Finance	3
CDF 399	Child and Family Studies Practicum	6
CDF 544	Early Childhood Development and Program Planning	3
CDF 547	Organization and Administration of Early Childhood Programs	3
Hours		15

Second Semester		
CDF 450	Early Childhood Practicum	9
CDF 538	Research Analysis in Child and Family Studies	3
LIB 301	Children's Literature and Related Materials	2
Free Electives		1
Hours		15
Total Hours		120

Child and Family Studies B.S. - Family Studies Concentration

Course	Title	Hours
First Year		
First Semester		
GSD 101E	Foundations of Learning	3
CDF 132	Introduction to the Family	3

ELEMENT 1A ^E		3
ELEMENT FLEX ^E		3
Free Electives		3
Hours		15
Second Semester		
CDF 235	Child Development: Conception-Eight Years	3
CDF 236	Interaction and Guidance	3
ELEMENT 1B ^E		3
ELEMENT 1C ^E		3
ELEMENT 3A ^E		3
Hours		15
Second Year		
First Semester		
CDF 232	Human Sexuality, Behavior, and Attitudes (E-4B) ^E	3
CDF 246	Creative Activities and Materials for Young Children	3
ELEMENT 2A ^E		3
ELEMENT 3B ^E		3
Free Electives		3
Hours		15
Second Semester		
CDF 243	Introduction to Family Life Programs	3
FRM 352	Family as Consumers	3
ELEMENT 2B ^E		3
ELEMENT 4A ^E		3
Free Electives		3
Hours		15
Third Year		
First Semester		
CDF 441	Family Dynamics in Adulthood and Aging	3
CDF 327	Family Involvement with Young Children	3
CDF 437	Family Stress and Resilience	3
HEA 380 or SWK 420	Mental Health Promotion or Mental Health in Social Work	3
NFA 317	Nutrition in the Life Cycle	3
Hours		15
Second Semester		
CDF 331	Marriage and Intimate Relationships	3
CDF 342	Child and Adolescent Development	3
CDF 424	Diversity Awareness in Professional Practice	3
SWK 310 or HEA 345	Social Welfare Policy History or Drugs, the Individual, and Society	3
Free Electives		3
Hours		15
Fourth Year		
First Semester		
CDF 360	Consumer and Career Finance	3
FCS 400	Ethics and Advocacy in Family and Consumer Sciences	3
SWK 440	Addictions	3
SWK 456	Children's Services	3
Free Electives		3
Hours		15
Second Semester		
CDF 399	Child and Family Studies Practicum	6
CDF 538	Research Analysis in Child and Family Studies	3
Free Electives		3
Free Electives		3
Hours		15
Total Hours		120