

MENTAL HEALTH, UNIVERSITY CERTIFICATE

Interdisciplinary Certificate in Mental Health

Interdisciplinary University Certificate (IUC) programs provide a low-cost, alternative pathway for an academic credential that conveys expertise in a shared area of concern. Students gain unparalleled access to specialized courses that have been carefully selected for this curriculum. The Mental Health Certificate Program enables students to draw from different perspectives and opportunities to build interdisciplinary partnerships around cutting-edge practices in mental health care. IUC courses vary in timing of being offered, but students have a number of course options.

Program Requirements

CIP Code: 44.0701

| Code | Title | Hours |
|-----------------------------------|---------------------------------|-----------|
| Certificate Requirements | | |
| Choose from six of the following: | | 18 |
| CPL 828 | MH/Sub Abuse Issues in Cor Stg | |
| MPH 810 | Human Behavior Change | |
| NFA 826 | Nutrition for Chronic Disease | |
| OTS 863 | Occupation & Sensory Process | |
| OTS 715 | Early Child Sensorimotor Devel | |
| PSY 777 | The Autism Spectrum | |
| PSY 837 | Social Psy & Cultural Diversity | |
| PSY 850 | Psychotherapy & Behav Change I | |
| PSY 859 | Cog/Affect Bases of Behavior | |
| PSY 860 | Psychotherapy & Beha Change II | |
| SWK 761 | Alcohol and Drug Assessment | |
| SWK 762 | Alcohol and Drug Treatment | |
| SWK 863 | Stress Management & Self-Care | |
| SWK 865 | Social Gerontology | |
| SWK 866 | Crisis Intervention | |
| SWK 867 | Spirit Sensitivity Help Profes | |
| SWK 890 | Interprofessional Practicum | |
| SWK 895 | Interprofessional Capstone | |
| VTS 700 | Veteran Identity Theory | |
| Total Hours | | 18 |

Students in the Master of Social Work Program (MSW) who wish to obtain this certification have separate requirements. Please refer to MSW program requirements in the ECU Graduate Catalog for more information.