

MENTAL HEALTH, UNIVERSITY CERTIFICATE

Interdisciplinary Certificate in Mental Health

Interdisciplinary University Certificate (IUC) programs provide a low-cost, alternative pathway for an academic credential that conveys expertise in a shared area of concern. Students gain unparalleled access to specialized courses that have been carefully selected for this curriculum. The Mental Health Certificate Program enables students to draw from different perspectives and opportunities to build interdisciplinary partnerships around cutting-edge practices in mental health care. IUC courses vary in timing of being offered, but students have a number of course options.

Program Requirements

CIP Code: 51.1503

Code	Title	Hours
Certificate Requirements		
Choose from six of the following:		18
MPH 810	Human Behavior Change	
NFA 826	Nutrition for Chronic Disease	
OTS 863	Occupation & Sensory Process	
OTS 715	Early Child Sensorimotor Devel	
PSY 777	The Autism Spectrum	
PSY 837	Advanced Social Psychology	
PSY 850	Psychotherapy & Behav Change I	
PSY 859	Cog/Affect Bases of Behavior	
PSY 860	Psychotherapy & Beha Change II	
SWK 761	Alcohol and Drug Assessment	
SWK 762	Alcohol and Drug Treatment	
SWK 863	Stress Management & Self-Care	
SWK 865	Social Gerontology	
SWK 866	Crisis Intervention	
SWK 867	Spirit Sensitivity Help Profes	
SWK 890	Interprofessional Practicum	
SWK 895	Interprofessional Capstone	
VTS 700	Veteran Identity Theory	
Total Hours		18

Students in the Master of Social Work Program (MSW) who wish to obtain this certification have separate requirements. Please refer to MSW program requirements in the ECU Graduate Catalog for more information.