

# CAREER COUNSELING AND INTERPERSONAL SKILLS (GCS)

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**GCS 198. Interpersonal Effectvnsnss Semin. (1 Credit)**

The course is designed to assist students in gaining confidence in themselves and in relating more effectively with others. Attention is given to assertiveness, values clarification, and effective life management.

**GCS 199. Career Counseling Seminar. (1 Credit)**

I, II. Prerequisite: Degree Seeking Only. The eight-week course helps students make effective career decisions. Self-awareness, values clarification, an awareness of career alternatives, and decision-making skills are promoted in the course. Pertinent career facts are learned; i.e. salary, training, outlook, and working conditions.